

# Presbyterian Manors of Mid-America **TOUR CHECKLIST**



Presbyterian Manors<sup>®</sup>  
of Mid-America  
**The way you want to live<sup>®</sup>**  
[PresbyterianManors.org](http://PresbyterianManors.org)

**Take this handy checklist with you every time you visit a senior living community. It will help you ask the right questions, keep your notes together, and is an easy way to compare communities side by side. Enjoy your visits!**

Community Name \_\_\_\_\_

Community Contact Person \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

## COMMUNITY AND AMENITIES

Is there on-site leadership in the community seven days a week as opposed to just a manager-on-duty model?

How does a community team ensure a successful transition of a new resident into the community?

Is the staff friendly and did you notice residents being spoken to by name on the tour?

### Notes:

## PROGRAMS

Is there a monthly activities calendar and daily schedule, with a variety of programs available?

Are the calendars available online for family members to view?

Are computers available with features specifically designed for senior residents' ease of use?

Are there team members dedicated and trained in helping residents use the computers?

What type of exercise programs are available?

What type of transportation is available and how often?

### Notes:

## DINING

Are menus reviewed and approved by a nutritionist?

How frequently do menus change?

Are heart healthy, low fat and low sugar options available?

Is an alternative menu always available?

Is a healthy salt substitute used in recipes and available for residents to use?

Is there a texture modified dining program for residents with swallowing issues?

Is there a dining program specifically designed for those with memory impairments?

### Notes:

## THE COMPANY

Are systems in place to consistently measure and monitor the community's senior living standards?

How frequently are residents and families encouraged to provide feedback to the company?

Has the company received any awards of excellence or distinction over the last year?

Does the organization have a program to support its employees' educational goals?

Does the organization have a program to encourage employee wellness?

Does the organization have a program to assist employees facing hardships?

### Notes:

## CARE, SAFETY AND MEDICATIONS

How often is health assessed?

Are care plans based on need or just time spent providing care?

Are staffing levels fixed or do they vary depending on number of residents and their care needs?

How does the community manage medication delivery for my loved one?

What is the procedure for a medical emergency?

Are staff members CPR certified?

Are extensive background checks done on all staff members?

What type of education do all staff members receive?

Is specialized training provided to staff members working with memory care residents?

What communication tools are used in the case of storms, power outages or other emergency situations?

### Notes: